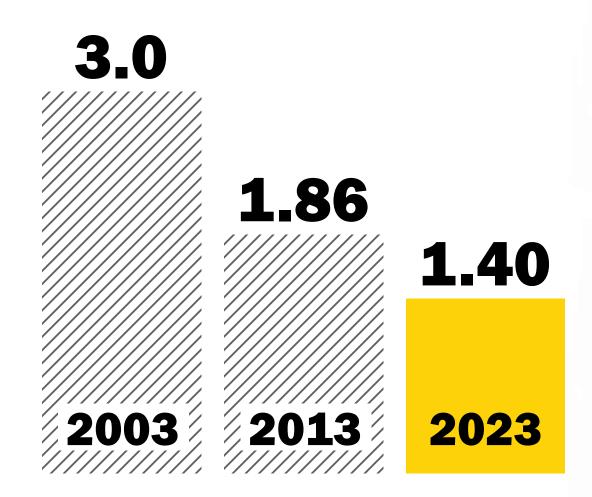
# Impact of Workplace Injury Report 2023 Fewer Nova Scotians were injured at work in 2023

### **Provincial Injury Rate**

Time-loss injuries per 100 covered workers

A time-loss injury is one where the worker lost three or more days of work.







lost three or more days of work









# Workplace deaths decreased in 2023

2021

In 2023, 18 Nova Scotians died at work or because of their work.



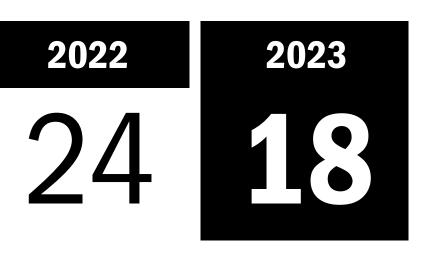
Health-related

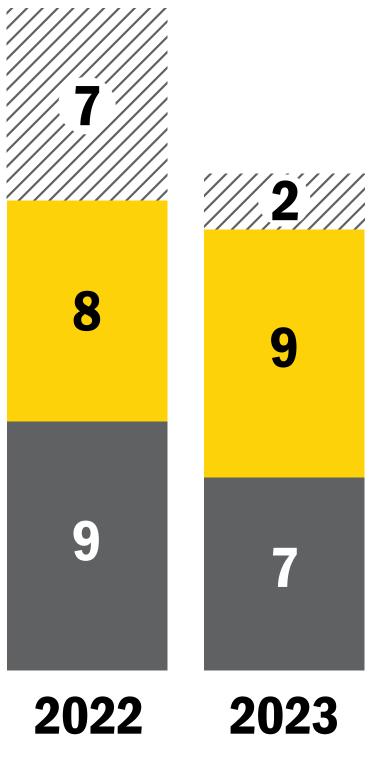
**Occupational Diseases** 

**Acute Fatalities** 

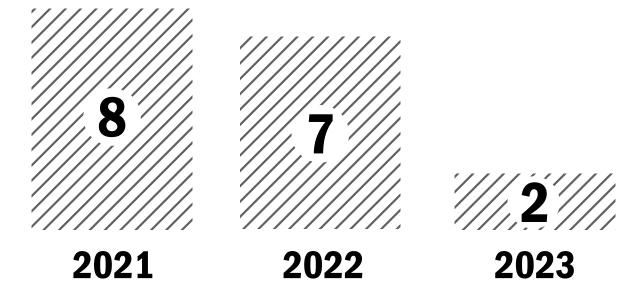


### **Annual Totals**

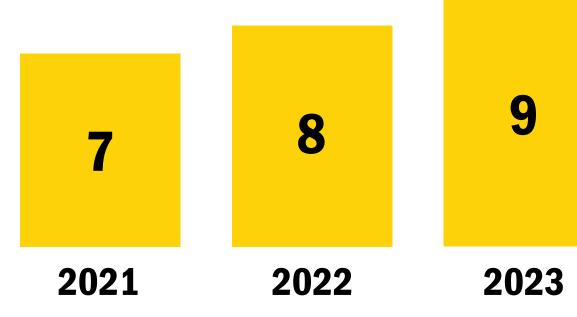




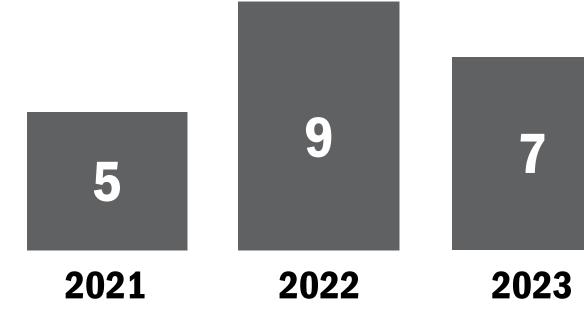
### Health-related



### **Occupational Diseases**



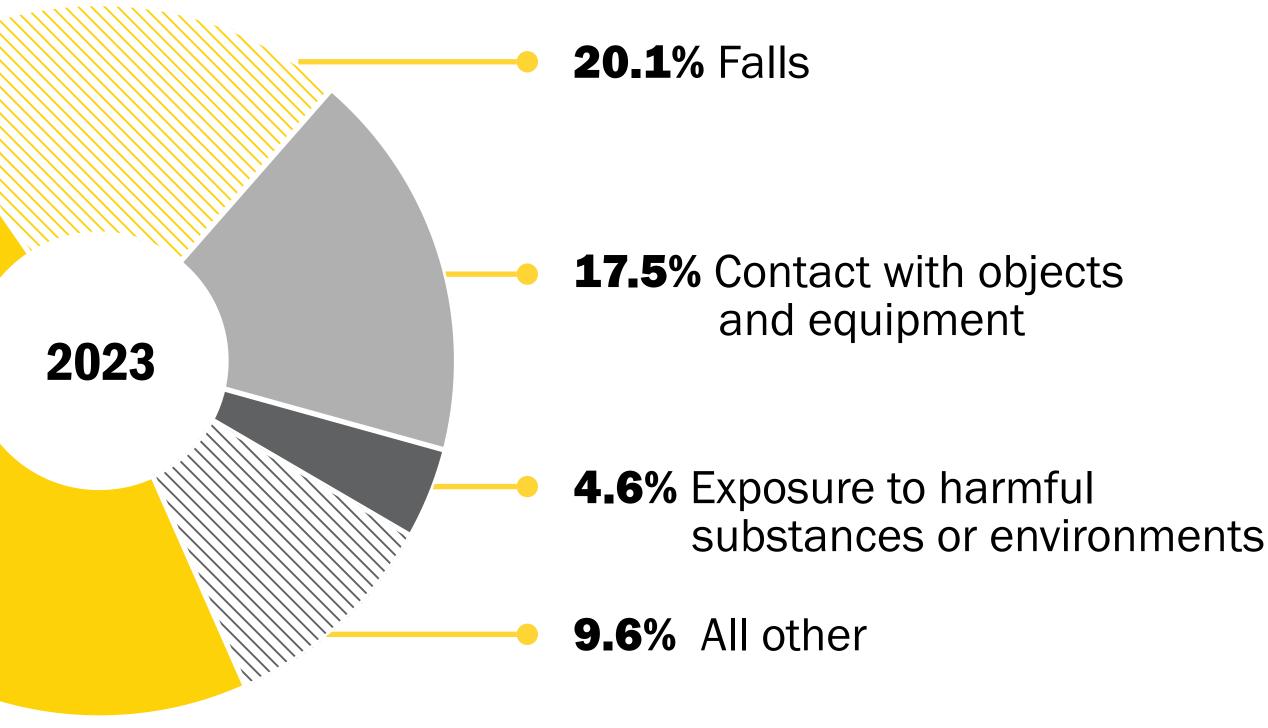
### Acute Fatalities



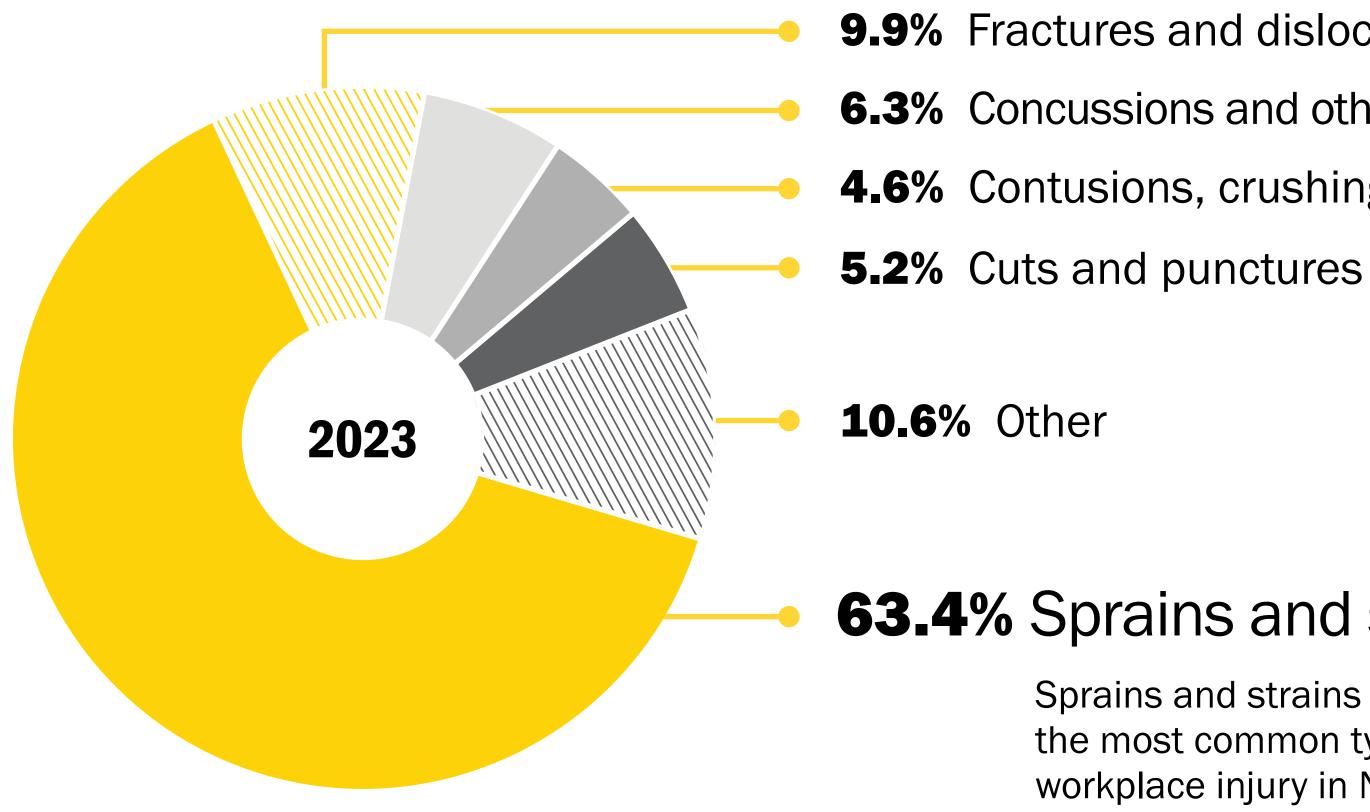


# How Nova Scotians are getting injured at work

Of the time-loss injuries that occured in 2023, **48.2%** were caused by risky or repetitive movement such as repetitive strain injuries, and especially, moving or repositioning someone the worker is caring for.



# **Types of workplace physical injuries:**



**9.9%** Fractures and dislocations **6.3%** Concussions and other head injuries **4.6%** Contusions, crushings or bruises

### 63.4% Sprains and strains

Sprains and strains remain the most common type of workplace injury in Nova Scotia.



**2023** Impact of Workplace Injury Report

# Where on the body Nova Scotians are getting hurt:

Shoulders 9.7%

Arms **4.1%** 

Body systems **3.8%** 

### Back 23.5%

Back injuries make up almost one quarter of all time-loss injuries in 2023.

Multiple body parts **9.9%** 

Fingers **6.2%** 

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Multiple trunk locations 2.3%

Pelvic region 2%

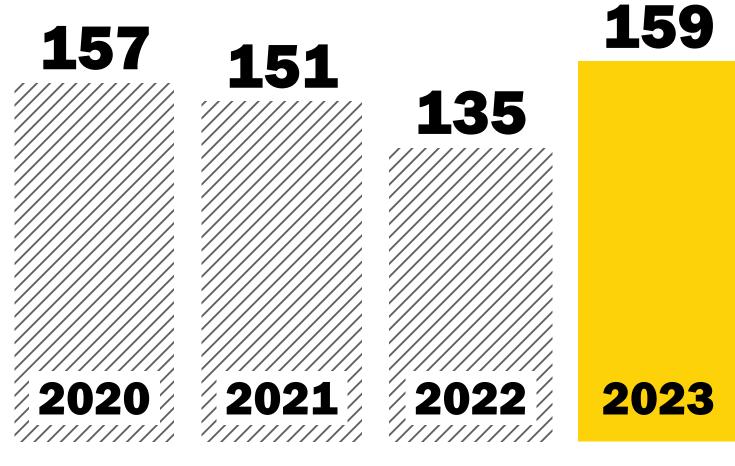
Wrist **3.4%** 

All other 9.1%

# **Psychological workplace injury's impact**

### In 2023, **159** Nova Scotians lost time from work due to traumatic psychological injury

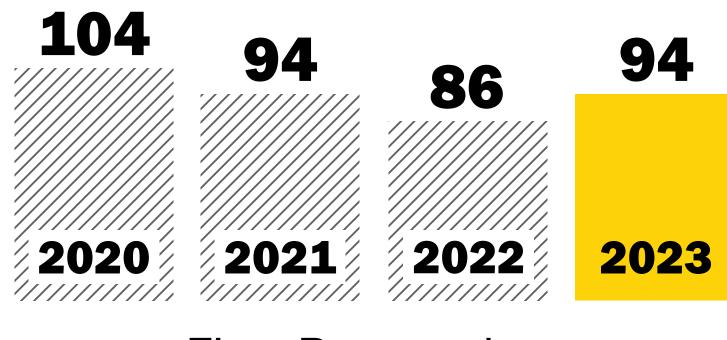
Starting September 1, Gradual Onset Psychological Injury becomes compensable in Nova Scotia.



**Total Psychological Injuries** 



### Of those, **94** were first responders.



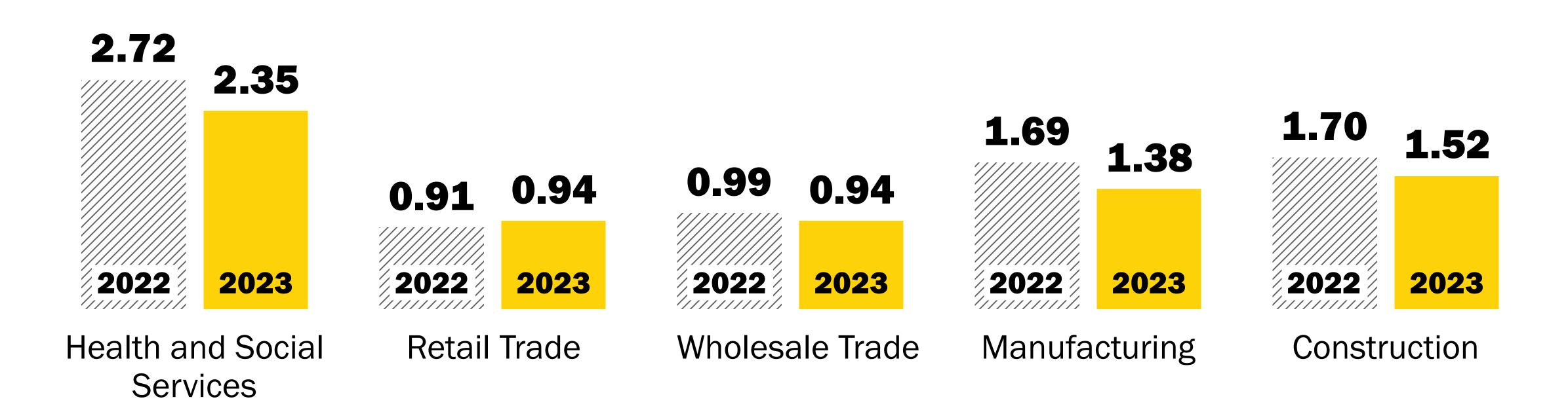
First Responders





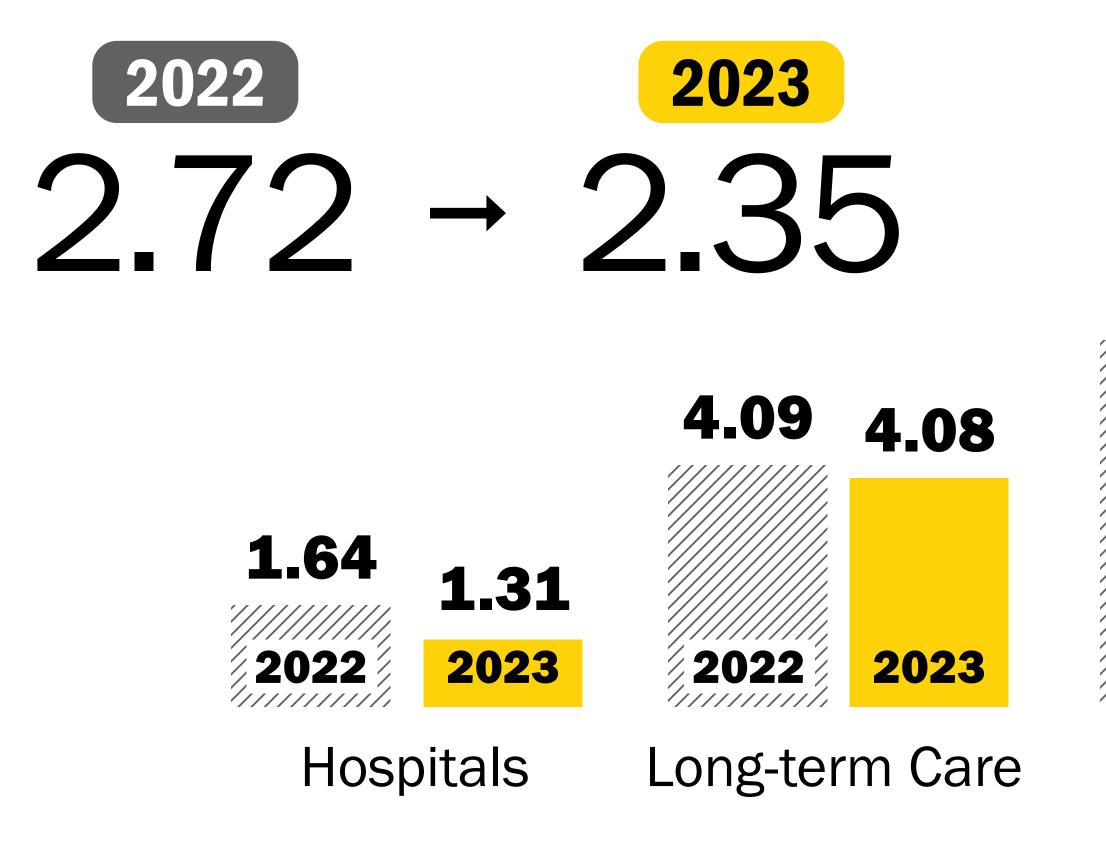
# Injury rates in Nova Scotia's largest industries

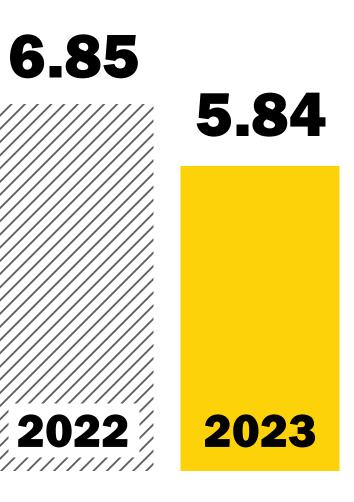
In 2023, four of the five largest industries we protect saw improvements to their injury rate.



# Improvement in Health and Social Services injury rate

In 2023, the injury rate in Health and Social Services decreased almost **14%** 



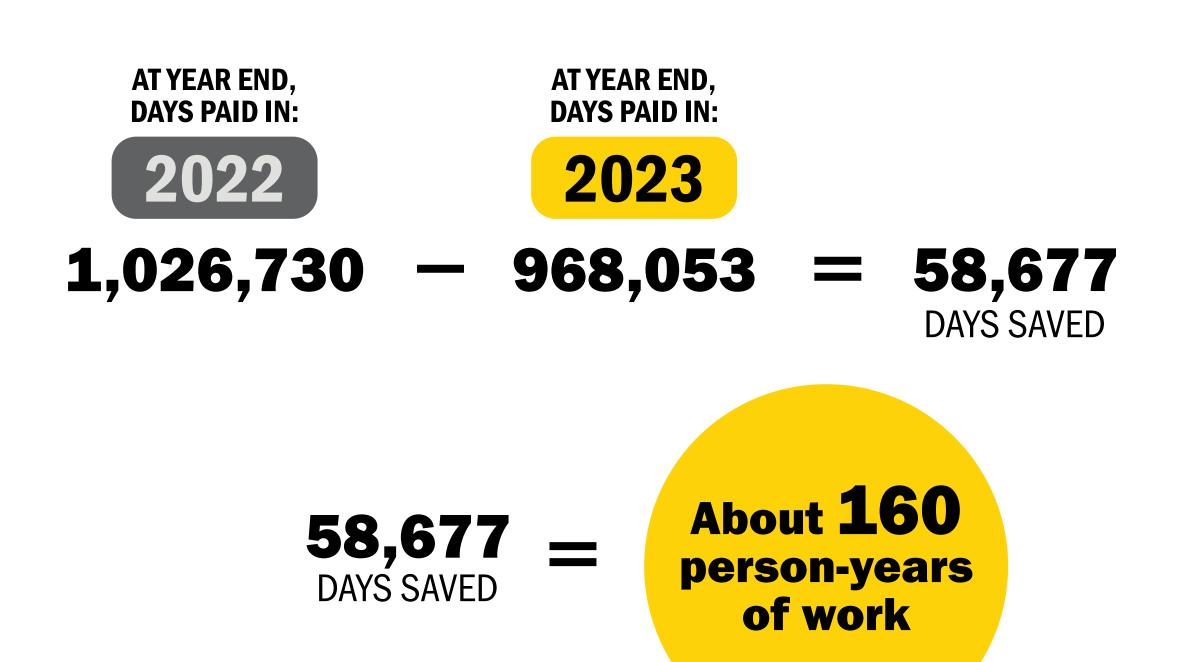


Home Care





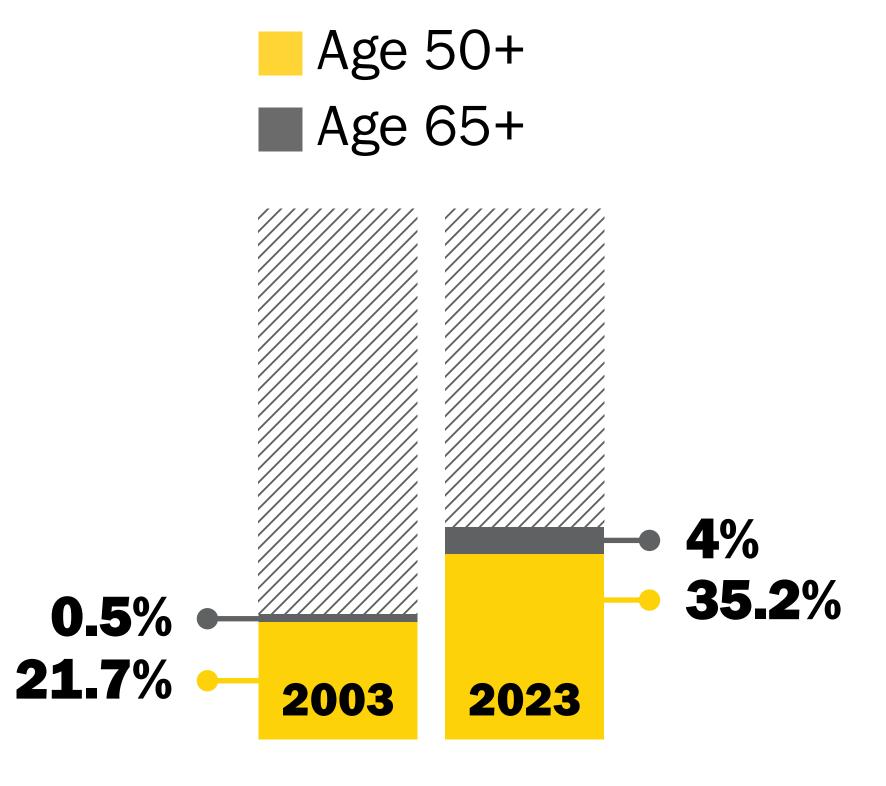
### Fewer days lost to workplace injury



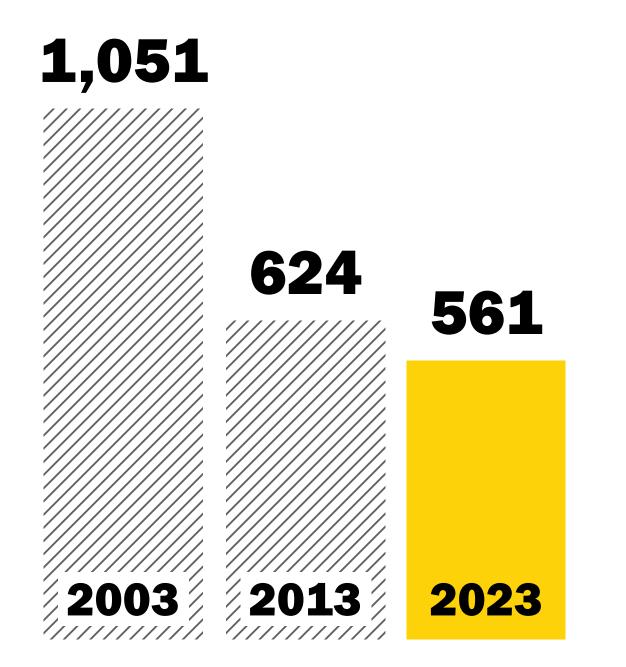
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# The demographics of workplace injury



Aging Workforce



Young Workers Under Age 25

# **Protecting Nova Scotians from workplace injury**



### **Major employers have more injury**

Half of all injury happens in **100 workplaces** 

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Or about **75%** of the Nova Scotia workforce the lowest percentage of all Canadian jurisdictions.

