

Care and Recovery for Nova Scotians, Sooner

When workers recover sooner, everyone benefits.



The Problem: Slow, Patchwork System



Care and recovery are too slow

- » Nova Scotia leads the country in time lost from work
- » Treatment for psych injury: average 42-day wait



Care is inconsistent

- » 500+ providers working separately
- » Care varies: In 2024, 30+ treatments for sprains

A New Way Forward: Work-Connected Recovery

A province-wide network that puts the worker first.



Faster Access

- » First contact in 48 hours
- » Some wait times cut in half, or more



Consistent Care

- » Same care for same injuries
- » Providers closer to home



Better Experience

- » One entry point
- » Virtual care and patient app



Greater Accountability

- » Satisfaction surveys
- » Up to 12-months of follow up

Join the Network: All providers are encouraged to apply lifemark.ca/providers