

Getting back is
part of getting better

WORKING

TO WELL

FOR EMPLOYERS WHEN AN INJURY HAPPENS

Workplace Injury? Here's what to do next.

EMPLOYERS SHOULD:

- **Take care of your people.** Make sure they get first aid and any medical help they need. If it's a sprain or strain injury, tell them to see a WCB-approved physiotherapist or chiropractor right away for an assessment, which we will cover.
- **Fix the hazard.** Fix the issue that caused the injury, to make sure it doesn't happen again.
- **Report the injury.** If the worker missed time from work or needed medical treatment, fill out an injury report on WCB's MyAccount to open a claim.
- **Talk about work changes.** Discuss what changes can be made, so the worker can safely stay at work, or come back sooner with temporary work adjustments until they're ready to go back to their regular work.



Psychological injury.
Learn about next steps
if you think you or one
of your employees
may have experienced
a psychological
workplace injury.



**WORK SAFE.
FOR LIFE.**

WORKERS' COMPENSATION BOARD OF NOVA SCOTIA