

**MEDIA BACKGROUNDER**

# Winter Workplace Injuries in Nova Scotia

WCB Nova Scotia | February 24, 2026 | Data current to January 30, 2026

Every winter, hundreds of Nova Scotia workers are injured by snow and ice – and this winter, that’s happening more than usual. WCB's analysis of more than 3,000 claims shows a consistent, predictable pattern: injuries spike one to three days *after* major storms, as workers return to icy parking lots, unshovelled walkways, and snow-clearing duties.

## Claims by Winter Season

		Injury Event	Injury Type	
Season	Claims	Slips/Trips/ Falls	Sprains/ Strains	Note
2023-24	630	34%	57%	Typical winter
2024-25	780	71%	65%	Active storm season
2025-26*	278	77%	53%	<b>Season in progress, above average</b>
2014-15 (outlier)	1,641	74%	68%	Snowiest winter on record

\* Partial season through January 30.

## 2025-26 This Winter to Date, in Comparison (Dec 22 – Jan 30 window)

Season	Claims	Daily Average
2025-26	278	7.0 / day
2024-25	197	4.9 / day
2023-24	217	5.4 / day
2014-15 (outlier)	346	8.7 / day

## Key Numbers (Three Recent Winters Combined)

Measure	Count	Measure	Count
Total claims	1,688	Fractures	121
Concussions	58	Shovelling injuries	17
Highest-injury day of week	<b>Tuesday (361)</b>	Highest single day	<b>48 (Feb 18, 2025)</b>

## By Comparison: 2014-15, the Snowiest Winter on Record

That single season produced 1,641 claims, 107 fractures, and 56 concussions. On the worst day (Feb 23, 2015), 69 workers were injured. February 2015 alone accounted for 613 claims.